

Camp Ondessonk Outdoor Education Program

Below are example schedules for Camp Ondessonk Outdoor Education Programs; modifications are made based on the number of groups participating on-site. These program schedules are designed to give the best Camp Ondessonk experience for students and chaperones. We strive to provide quality experiences that balance educational and recreational approaches to social-emotional learning and development. Groups can decide whether to participate in equestrian activities and whether to have a traditional Camp Ondessonk Foil Dinner. For groups over 50, please get in touch with Camp Ondessonk at outdooreducation@ondessonk.com to learn about other opportunities.

Activities on Schedule Goals:

- Discovery Hike
 - Build awareness of the natural world
 - Encourage confidence-building as students explore and engage physically with the natural world.
- Low Challenge
 - Facilitated workshop on teambuilding through a sequence of problems to solve
 - Decision-making and confidence-building
 - Highlighting the value of collaboration, empathy, and mutual respect
- Intro to Riding
 - Developing respect for animals and cultivating empathy in leadership
 - Building confidence through new/challenging experiences
- Climbing Wall
 - Personal growth and confidence-building
 - Collaboration and communication within a variety of climbing games and activities
- Archery
 - Building self-confidence and demonstrating the value of discipline and diligence
- Survival Challenge & Woodcraft
 - Engaging with the natural environment and learning to work with and in it to responsibly survive.
 - Strong emphasis on teamwork and collaboration.
- Solo Reflection Hike
 - Quieter time for personal reflection followed by discussion to encourage both self-discovery and relationship-building, all in a natural setting.
- Night Hike
 - Educational experience of the forest at night. Experiencing new perspectives and growing to be more comfortable in and better appreciate nature after dark.
- Foil Dinner & Campfire
 - Encourage community bonding and responsibility by cooking for one another.
 - Continuing the age-old tradition of humans gathering around a fire for songs, stories, and camaraderie.

OE schedule for 2-Night Groups

Wednesday

	Group of up to 12	Group of up to 12	Group of up to 12	Group of up to 12
8:00	Travel to Camp			
9:00				
10:00	Arrive and Welcome			
10:30	Tour of Main Area and move into cabins			
11:15	Games and Icebreakers			
12:15	Short break before Lunch			
12:30	Lunch in Dining Hall			
1:30	Discovery Hike	Discovery Hike	Low Challenge	Low Challenge
3:00				
4:30	Free time - Trading Post Open			
5:30	Trading Post Closes, head to Dining Hall for Dinner			
6:00	Dinner in Dining Hall			
7:30	Night Hike	Night Hike	Night Hike	Night Hike

Thursday

	Group of up to 12	Group of up to 12	Group of up to 12	Group of up to 12
8:00	Breakfast in the Dining Hall			
9:00	Intro to Riding or Archery & Woodcraft	Climbing Wall	Discovery Hike	Discovery Hike
10:30	Climbing Wall			
12:00	Break before Lunch			
12:30	Lunch in the Dining Hall			
1:30	Low Challenge	Low Challenge	Intro to Riding or Archery & Woodcraft	Climbing Wall
3:00			Climbing Wall	Intro to Riding or Archery & Woodcraft
4:30	Free time - Trading Post Open			
5:45	Trading Post Closes, head to Foil Dinner			
6:00	Foil Dinner	Foil Dinner	Foil Dinner	Foil Dinner
7:00	Campfire	Campfire	Campfire	Campfire

Friday

	Group of up to 12	Group of up to 12	Group of up to 12	Group of up to 12
7:00	Clean up cabins/rooms and move luggage to road			
8:00	Breakfast in the Dining Hall			
9:00	Survival Challenge	Survival Challenge	Survival Challenge	Survival Challenge
10:30	Solo Reflection Hike	Solo Reflection Hike	Solo Reflection Hike	Solo Reflection Hike
12:00	Picnic Lunch	Picnic Lunch	Picnic Lunch	Picnic Lunch
12:30	Debrief and Load up			
1:00	Depart			

OE schedule for 1-Night Groups

Thursday

	Group of up to 12	Group of up to 12		Group of up to 12	Group of up to 12
8:00	Travel to Camp			Travel to Camp	
10:00	Arrive and Welcome			Arrive @ 10:00 am	
10:30	Tour of Main Area and Move into Cabins			Tour of Main Area and Move into Cabins	
11:15	Games and Icebreakers			Games and Icebreakers	
12:15	Break before Lunch			Break before Lunch	
12:30	Lunch in the Dining Hall			Lunch in the Dining Hall	
1:30	Hike w/ Survival Skills and Solo Reflection			Intro to Riding or Archery & Woodcraft	Climbing Wall
3:00				Climbing Wall	Intro to Riding or Archery & Woodcraft
4:30	Free time - Trading Post Open			Free time - Trading Post Open	
5:45	Trading Post Closes, head to Foil Dinner			Trading Post Closes, head to Foil Dinner	
6:00	Foil Dinner	Foil Dinner		Foil Dinner	Foil Dinner
7:00	Campfire	Campfire		Campfire	Campfire

Friday

	Group of up to 12	Group of up to 12		Group of up to 12	Group of up to 12
7:00	Move luggage to Road			Move luggage to Road	
8:00	Breakfast in the Dining Hall			Breakfast in the Dining Hall	
9:00	Survival Challenge	Survival Challenge		Hike w/ Survival Skills and Solo Reflection	
10:30	Solo Reflection Hike	Solo Reflection Hike			
12:00	Picnic Lunch	Picnic Lunch		Picnic Lunch	Picnic Lunch
12:30	Debrief and Load up			Debrief and Load up	
1:00	Depart			Depart	