

Ondessonk Horse Adventure Packing List

Thank you for choosing Ondessonk Horse Adventure Camp this summer! Please read carefully and completely and call Camp if you have questions. When off-site, they will be camping at primitive sites in the backcountry with limited facilities. Horse programs will be tent/tarp camping while off-site. Regardless of program choice, campers will get dirty, sweaty, muddy, wet, hot, cold, and stinky; but that's all part of the adventure!

Clothing: Prepare for the possibility of multiple changes of clothes per day, especially if it's rainy. Campers do not have to bring all their clothes with them when on the trail or off-site; only enough for the time they will be out. Extra clothes may be packed in a separate duffle and stored safely in the barn.

- Daily and extra changes of shirt, shorts, socks, and undies. You can't pack too many.
- Quick-dry shirts: usually polyester or polypropylene. Cotton T's are ok but don't dry easily. Light waterproof but breathable rain jacket with ventilation. Rain pants and hat are also handy.
- *Umbrellas, plastic rain ponchos, and heavy rubber or canvas ponchos are not advised.
- Footwear:
 1. Sturdy and comfortable close-toed shoes with a heel
 2. Extra pair to keep dry and clean back at Camp
 3. Sport sandals with heel to wear when appropriate
 4. Flip-flops for the shower house
- Quick-dry, wool, or wool blend socks. Two pairs/day when on trail. Cotton socks do not dry quickly. Long-sleeve shirts, jacket, hoodie, fleece, or sweat shirts for chilly days and evenings.
- Long pants or jeans are required for certain activities and good for chilly evenings.
- Swim suit: 1 for on-trail swimming and 1 for daily General Swim and showers. (NO 2-PIECES)

Toiletries: *The Travel/Trial section of drug stores have miniature products perfect for light-weight camping.*

- Tooth paste and tooth brush (In a Ziploc bag to keep clean.)
- Shampoo, soap, body wash, deodorant (Highly fragrant products tend to attract more bugs.) Extra towels (We usually drip dry on the trail, but a small, quick-dry shammy is also good to have.) Baby wipes and small personal trash bag
- Do NOT bring make-up, cologne/perfume, hair products, hair dryers/curlers, beauty products, etc.

Gear: Items marked with an (*) can be provided by Camp. Call ahead please.

- *Sleeping bag rated to 50 degrees For lower* (Synthetic-fill dries faster than down-filled.)
- *Sleeping pad or foam bed roll
- *Two 1-Liter water bottles
- *Spoon and fork (Or "Sporks". "Light My Fire" brand is a good, inexpensive one.) Extra duffel bag to store extra clothes back at Camp while off-site overnight Bowl with lid (Ziploc or Gladware containers work great.)
- Small pillow, synthetic or foam, no down (Extra clothes in a pillow case work great too!) Headlamp or flashlight and extra batteries
- Small day pack for shower things and clothes while at camp

Other Incidentals: Items marked with an (*) can be provided by Camp.

- Bug spray (Do NOT spray clothing, gear, or bedding. Spray only works when it contacts your skin.)
- Sunscreen - This is something EVERYONE should be sure to bring to all programs!
- *Trash bags for wet clothes or to keep clothes dry. (Or Ziplock bags)
- *Bandanas (These have 1001 uses.)
- Extra Gallon Ziploc bags for packing out trash or keeping things waterproof, etc.

Optional but Useful Things to Bring:

- *Tent or tarp (4-person or less. Anything larger is cumbersome and heavy to carry.) Extra blanket for chillier nights
- Wrist watch (waterproof) Camera (NOT a phone) Sunglasses
- Journal/notepad and pen and a good book for curling up with in the woods
- Hammock (Not good if it rains, but good to have in addition to a tent for napping and clear nights.)
- Extra P-cord or rope to set up tents, tarps, or hammocks
- Biodegradable soap

What NOT to Bring:

- Cell phone, video games, iPads/tablets, radios, GPS or any other electronic devices
- Food, candy, snacks, drinks of ANY kind (They attract animals and are available in the Trading Post.)
- Bug netting is only designed for bunks and will not work in a tent, hammock, or sleeping on the ground. Firearms, matches, lighters, fireworks, or any other illegal substance
- Any tobacco, vapes, drugs, alcohol, threats of violence, bullying, or graffiti will be tolerated. **One strike, you're out.**

Outdoor Gear Stores:

REI (Recreation Equipment, Inc.): St. Louis, Indianapolis, and Chicago (4 stores)

Gander Outdoors: Marion, Springfield, Peoria, Illinois; Columbia, Missouri; Greenfield, Indiana

Dick's Sporting Goods: St. Louis (5 stores); Chicago (5 stores), Carbondale, Springfield, Bloomington, Peoria, Champaign, Moline, Indianapolis (5 stores), Evansville, and Paducah.

Bass Pro Shops: St. Charles, Columbia, Springfield, & Branson, MO; Portage & Clarksville, IN; East Peoria, Gurnee, and Bolingbrook, IL

Cabela's: Hazelwood, MO; Hoffmann Estates, IL, Hammond and Noblesville, IN; Louisville and Bowling Green, KY

The Alpine Shop: Kirkwood, Chesterfield, and Columbia, Missouri

The Bike Surgeon: O'Fallon, Illinois

Shawnee Trails Wilderness Outfitters: Carbondale, Illinois

Hooper's Outdoor Center: Paducah, Kentucky

Discount Gear Websites:

steepandcheap.com

theclymb.com

campmor.com

backcountry.com

camp saver.com

rei.com/outlet

sieraatradingpost.com