

# **CAMP ONDESSONK**

## **HIKE, BIKE PADDLE, AND CLIMB ADVENTURE CAMP**

### **SUNDAY: Arrival Day!!!**

Check in and set up camp at Ahatsistari. Meet your fellow adventurers and unit leaders!  
Inspection and Flag Lowering in the Parade Grounds  
Mass in the Grotto  
Opening Campfire - your counselors will put on skits and sings songs for you!

### **MONDAY: Rock Climbing Day!!!**

Climbing Wall and Zip Line at Camp in the morning.  
Hike out to Pakentuck, the tallest waterfall in Illinois!  
Explore and rock climb all afternoon! Lunch on the trail.  
General Swim at Lake St. Isaac, rest, shower time.  
Inspection  
Unit campfire at Ahatsistari. Get to know each other better with marshmallows around the fire!

### **TUESDAY: All Day Exploration!!!**

Hike the Manchester Trail. See some of the most amazing spots at Camp, Phantom's Canyon, Hogg's Bluff.  
Lunch on the trail in the Shawnee National Forest!  
General Swim at Lake St. Isaac, rest, shower time.  
Inspection  
Tuesday Night Game!!! The biggest game of Hide-and-Go-Seek in the dark you've ever played!!!

### **WEDNESDAY: Paddling Day and overnight!!!**

Canoe skills at Lake Echon. Learn the basics of canoe and kayak paddling.  
Drive to Barkhausen Wetlands Center, learn about the Cache River Wetlands, picnic lunch there  
Paddle with an experienced guide in the Cache River Wetlands all afternoon. See 1000-year old cypress trees!  
Drive to Lake Glendale Recreation Area, set up camp for the night  
Foil burgers on the campfire for dinner!!!  
Enjoy a night out around the fire and under the stars!!!

### **THURSDAY: Trail Biking Day!!!**

Meet up with the guys from the Bike Surgeon  
Learn basic bike skills, do an obstacle course, trail ride through Lake Glendale Recreation Area, lunch on trail  
More trail riding in the afternoon  
Return to camp, General Swim at Lake St. Isaac, rest, shower time.  
Inspection  
Lodge Ceremony

### **FRIDAY: Garden of the Gods Day!!!**

Drive to Garden of the Gods National Wilderness in the Shawnee National Forest  
Hike through the wilderness all day, see amazing rock formations and beautiful views!!! Lunch on the trail.  
Return to camp, Marathon!!!, General Swim at Lake St. Isaac, rest, shower time.  
Themed Inspection  
Closing Campfire - You and your fellow campers will put on skits and songs for your counselors!!!

### **SATURDAY: Departure Day :(**

Donuts in the Old Dining Hall!!!  
Check out with your unit leader  
Depart Camp :(  
See you next year!!! Heepwah!!!