



# ONDESSONK RETREAT 2019 RESERVATION FORM



More information at <https://ondessonk.com/year-round/retreats>

## THE RESERVATION PROCESS:

**STEP 1:** Fill out the Reservation Form completely and send back to Camp with your non-refundable 25% deposit via:  
**Mail:** 3760 Ondessonk Rd. Ozark, IL 62972 **Fax:** (618) 695-3593 or **Email:** [sue.clancy@ondessonk.com](mailto:sue.clancy@ondessonk.com) or [greg.santen@ondessonk.com](mailto:greg.santen@ondessonk.com)

**STEP 2:** *Invoicing.* Your invoice will be emailed to you prior to your visit for your review and to make any adjustments.

**STEP 3:** *Program Scheduling.* The Program Coordinator will draft a program schedule for your approval.

**STEP 4:** Balance should be paid before departure in the Camp Office. *Invoice can be adjusted at this point based on actual attendance.*

## CONTACT INFORMATION: Please fill in ALL spaces.

Group Name: St. Isaac Jogues Youth Group Group Coordinator Name: Johnny McCampsalot

Address: 5012 Heepwah Highway Spirit Bear IL 12345  
Street City State Zip Code

Phone #: (555) 867-5309 Fax #: (555) 765-4321 Group Coord. Cell #: (555) 876-5432

Group Coord. Email: jmcampsalot@email.com Best time to reach you: Anytime

**RESERVATION INFORMATION:** It is advised to contact Camp first for availability and to make reservations several months in advance, especially larger groups. **Reservations are not confirmed until this form and 25% non-refundable deposit are received.**

Dates Requested: 1<sup>st</sup> Choice January 18-20, 2019 2<sup>nd</sup> Choice January 25-26, 2019

Approx. Arrival Time: Friday, 5PM Approx. Departure Time: Sunday 2PM

Lodging Requested: 1<sup>st</sup> choice: DORMS 2<sup>nd</sup> Choice: BOQ

Included in Package: 3-Sided Treehouses - Lalande, Goupil, Chabanel, Brebeuf, Lalemant, Garnier, Amantacha, Roganeau, or Daniel  
4-Sided Cabins - Tekakwitha (A-Frame), Lakeside, or Fournie Village  
Lodging Upgrades: B.O.Q - Fully enclosed, electricity, covered deck, windows, doors, no heat  
(Prices Page 2) Dorms - Fully enclosed, electricity, covered porch, windows, doors, attic fan, heated  
St. Noel - Climate-controlled, hostel-style rooms, 1 Queen Bed, several bunks, private bathroom, free WiFi

**Exclusivity of lodging unit is guaranteed.** Meals, shower houses, and other areas of Camp may be shared with other guests. For pictures of our cabin units, see <https://ondessonk.com/year-round/year-round-spots-stay-camp-ondessonk/>

Participants: Grade/Age Level: 8th Approx. # Males: 10 + Approx. # Females: 10 = Approx. Total #: 20

Chaperones: Any 18+ teachers, parents, ministers etc. **1:8 ratio of adult to minor required.** Approx. Total # Chaperones: 4

**PACKAGE OPTIONS:** Circle your length-of-stay package option. **Prices valid for 2019 calendar year.**  
 Includes rustic lodging, all programs, and all meals. Number of program sessions and meals vary on arrival and departure times.

<u>DAY-TRIP OPTION</u>	<u>ONE-NIGHT OPTION</u>	<u>TWO-NIGHT OPTION</u>	<u>THREE-NIGHT OPTION</u>
2-4 program sessions \$15 half day or \$25 all day + \$5 lunch option Chaperones free or \$5 w/lunch (Groups are welcome to BYO lunch.)	3-4 meals 5-8 program sessions \$50 / Participant \$35 / Chaperone	5-7 meals 8-12 program sessions \$75 / Participant \$55 / Chaperone	8-10 meals 13-18 program sessions \$100 / Participant \$75 / Chaperone

**Lodging Upgrades:**

<b>BOQ Upgrade: additional \$2/person/night</b>	<b>Dorms Upgrade: additional \$5/person/night</b>
<b>St. Noel Upgrade: additional \$15/person/night</b> (Seasonal discounts on lodging upgrades available. Call for details.)	

**To calculate your estimated total payment due:**

Participant Option	\$ <u>75</u>	x	Approx. # Participants <u>20</u>	=	\$ <u>1500</u>
Chaperone Option	\$ <u>55</u>	x	Approx. # Chaperones <u>4</u>	=	\$ <u>220</u>
Lodging Upgrade	\$ <u>5</u>	x	Approx. # People <u>24</u>	=	\$ <u>120</u>
Extra Program Fees	\$ <u>15</u>	x	Approx. # People <u>20</u>	=	\$ <u>300</u>
					<b>= \$ <u>2140</u></b>
					<b>Estimated Total Payment</b>

Additional fees for horseback riding, High Challenge, or rock climbing apply to participants and chaperones wishing to participate and must be included for final invoicing

All completed pages of this form and a **non-refundable deposit of 25%** of estimated total payment in the amount of:

\$ 535 and is due to confirm your reservation.

An invoice showing your balance will be presented to you upon arrival at Camp. Your invoice can be **adjusted based on actual attendance** at this time.

\$ 1605

This amount should be **paid in full upon your arrival at Camp or within 7 days.**

**Final program approval:** The Program Coordinator will work with you to draft a detailed program schedule and email it to you prior to your arrival for your approval. Please do not distribute this copy of the schedule to your teachers and chaperones. Our staff will hand you and your chaperones copies of the schedule upon your arrival at Camp as last minute changes often have to be made.

I Johnny McCampsa lot agree to abide by the above payment policies.  
(Print Group Coordinator name)

Johnny McCampsa lot Date: 11-21-18  
(Group Coordinator Signature)

For more information or if you have any questions about the registration process, please contact Camp at (618) 695-2489, ext. 129

## RETREAT PROGRAM OPTIONS

Design your custom Ondessonk Retreat experience! Start by selecting the theme you would like for your group's retreat. Then circle the appropriate number of sessions based on your length of stay, your arrival and departure times, and the goals and vision of your retreat. If you would like some other theme that is not listed, contact Camp to customize sessions based on your desired theme and goals for the retreat. **See page 21 in the Program Planning Packet for program details and descriptions.**

### EXAMPLE 2-DAY/1-NIGHT PROGRAM:

<b>DAY 1:</b>	<b>Arrival 10:30</b>	<b>Lunch 12:30</b>	<b>PM Programs 1:30-4:45</b>		<b>Free Time 5:00-6:00</b>	<b>Dinner 6:00</b>	<b>Evening Program</b>	<b>Bedtime! 10:00</b>
	Welcome, move-in, icebreaker games		Choosing Priorities 1:30-3:00	Ground-Based Initiatives 3:15-4:45	Showers/ Rest/Mass		Prayer Experience/ Campfire 7:30-9:00	
<b>DAY 2:</b>	<b>Breakfast 8:00</b>	<b>AM Programs 9:00-12:15</b>		<b>Lunch 12:30</b>	<b>PM Programs 1:30-4:30</b>		<b>Final Debrief and Departure</b>	
		Affirmations 9:00-10:30	Solo Reflection Hike 10:45-12:15		High Challenge Course			

### Retreat Themes: Circle the theme and sessions you would like for your retreat

<b>Confirmation:</b> Time to reflect and learn while preparing for Confirmation.	<b>Beneath our Masks:</b> A look at being true to oneself and being thankful of God's gifts.	<b>Grade School to High School Transition:</b> Reflect on where you have been and where you are going as you enter H.S.
<b>Love Thy Neighbor:</b> Reflect on definitions of love and service in your life.	<b>Exploring God's Wilderness:</b> Time in the woods to learn about your faith and "Finding God in all things".	<b>High School to College Transition:</b> Reflect on your journey over the past four years as you graduate.
<b>Journey through Prayer:</b> Time learning about and practicing different forms of prayer.	<b>Through the Eyes of a Saint:</b> Focus your retreat around a saint or saints, including Camp Ondessonk namesakes.	<b>Other:</b>

### Program Session Options:

<b>Spiritual and Faith-Based Activities</b> Some of these sessions can be done as evening activities - either in doors or around the campfire.	<b>Faces of Jesus:</b> Reflect on what Christ means in their lives and the role he plays while viewing different images of Jesus.	<b>Rosary Reflection:</b> Learn about the significance of the Rosary, how to pray the Rosary, and be able to take home a Rosary they made.	<b>Gifts of the Holy Spirit:</b> Learn about the Gifts of the Holy Spirit through a hands on activity.	<b>Prayer Experience:</b> Explore the meaning of prayer through discussion and creating their own prayer service to host.	
	<b>Solo Hike:</b> A time for quiet reflection while hiking a short distance in God's creation. Staff supervise from a distance.	<b>Sacraments Jeopardy:</b> Test the knowledge of participants as they answer questions about the Sacraments.	<b>Bible Skits:</b> Reflect on lessons from the Bible by acting out different scripture passages.	<b>Faith Inventory:</b> Reflect together on where their faith is at this point in their life and look towards the future to strengthen their faith.	
	<b>The Saints:</b> Learn about the saints of the Catholic Church and start to examine which saints they look for guidance from in life.	<b>Choosing Priorities:</b> Give students a chance to look at what is truly important in their lives.	<b>Affirmations:</b> Explore what positive affirmations are and how it can strengthen their relationship with God.	<b>Reflection Hike:</b> Travel together through the woods, stopping periodically to reflect together on a question or quote.	
<b>Talks, Meditations, and Discussions</b> Some of these sessions can be done as evening activities - either in doors or around the campfire.	<b>Table for Two Meditation:</b> Quiet reflection time for introspection into what Christ has done for us.	<b>Expectations:</b> Reminds participants that they take away what they put into something, on retreat and in life.	<b>History of Confirmation:</b> Discover the history of Confirmation and present day context.	<b>Relationship with God:</b> Explore one's relationship with God, and discuss with the group.	<b>Exploratory Mass:</b> A narrated Mass to learn the meaning behind parts of the Mass.
	<b>Gifts of the Holy Spirit:</b> Focuses on what the Church teaches about the Gifts of the Holy Spirit, and what gifts each participant has received.	<b>Social Justice:</b> Learn about the 7 social teachings in the Catholic Church and how to take an active role as an agent of social change in their community.	<b>Vocations:</b> Learn about a variety of vocations, hear the story of one person's vocation, and share a little about where they feel called.	<b>Gospel Contemplation:</b> The group puts themselves into a scripture passage and reflects on the message through visualization and meditation.	<b>Examen:</b> Reflect on the events of the day in order to detect God's presence and pray on different moments from the day.



Adventure and Outdoor Programs	Climbing Tower (\$5/person extra)	High Challenge Experience (\$15/person extra)
	Canoe/Kayaking	Intro to Rock Climbing (\$15/person extra)
	Guided Nature Exploration	Rappelling (\$15/person extra)

Group Challenges	Ground-Based Initiatives (GBIs)	Low Challenge Course	Outdoor Cooking
	Crate Stacking	Orienteering Course	Group Challenge Race
	Raft Lashing/Fort-Building	Archery	Fire Building/ Rope Burning

**Mass or Confession Programming:** Check your options. Incorporate Mass or Confession into your experience.

Would you like to celebrate mass or prayer service? YES  NO   
 Would you like to have time for Confession? YES  NO   
 If yes to either, will you bring your own priest?... YES  NO   
 or would you like Camp Ondessonk contact a local priest? YES  NO   
 Camp Ondessonk can find a priest if requested, but we cannot guarantee their availability.  
 All masses will be in our Chapel per Diocesan regulations.

What day/time? Before Dinner Sat.  
 Before or after a meal? During down time? Etc.

**Dietary Needs:** Most of our meals are served in our climate-controlled Dining Hall, but please note that other groups using the Dining Hall at busy times and other logistical factors dictate Foil Burger Dinners outside over the campfire. Friday lunches prior to departure are served Picnic Style outside.

Would you like a Foil Burger dinner over the campfire included in your outdoor experience? YES

Please list the number of students and adults with food allergies or intolerances. We will do our best to accommodate. Health Code prohibits groups from bringing their own food to be served in our Dining Hall. Snacks in the cabins are permitted but discouraged.

Allergies (please specify) one peanut  
2 gluten-free  
 Intolerances (please specify) one non-dairy

# Vegetarians 2 Other Dietary Issues \_\_\_\_\_

Please note any other medical, allergy (i.e. bee stings), or disability issues that you would like us to know about:  
one student allergic to bees - carries own Epi-Pen

Be sure to review the **Planning Packet** and have parents and chaperones sign the waiver prior to your visit. All are available at <https://ondessonk.com/year-round/retreats/>.

We look forward to your visit to Camp Ondessonk and thank you in advance for taking advantage of the benefits provided by getting your students outside. See you soon!!!

