

CAMP ONDESSONK CLIMBING ADVENTURE CAMP

SUNDAY: Arrival Day!!!

Check in and set up camp at Ahatsistari. Meet your fellow climbers and unit leaders!
Inspection and Flag Lowering in the Parade Grounds
Mass in the Grotto
Opening Campfire - your counselors will put on skits and sing songs for you!

MONDAY: Climbing Fundamentals Day

Set the foundation for the rest of the week; safety expectations; Ground School, Knots, Gear, and Ropes. Basic climbing technique and movement, practice developing footwork and balance on Climbing Wall. Learn about the gear that climbers use to ascend and descend technical climbing routes. Bouldering and top-roping sessions at our climbing spot near Pakentuck - the tallest waterfall in Illinois. General Swim at Lake St. Isaac, rest, shower time.
Inspection
Unit campfire at Ahatsistari. Get to know each other better with marshmallows around the fire!

TUESDAY: More In-Depth Rock Climbing Day

Single-pitch and lead climbing, and more advanced skills at routes near Camp in the Shawnee National Forest. Rappelling at Phantom's Canyon.
General Swim at Lake St. Isaac, rest, shower time.
Tuesday Night Game!!! The biggest game of Hide-and-Go-Seek in the dark you've ever played!!!
Sleep at Ahatsistari

WEDNESDAY: Climbing at Jackson Falls and overnight!!!

Learn from an experienced and certified guide from Vertical Voyages. See their website here: <http://verticalvoyages.com/>
Drive to Jackson Hollow in the Shawnee National Forest - the premier climbing destination in the Midwest. Attempt a multi-pitch climb and refine your climbing techniques and skills.
Drive to Ferne Clyffe State Park, set up camp for the night
Foil burgers on the campfire for dinner!!!
Enjoy a night out around the fire and under the stars!!!

THURSDAY: Rock Climbing at Cedar Bluff and Jackson Hollow

Climb Cedar Bluff at Ferne Clyffe State Park - one of the best climbing spots in Southern Illinois. More climbing, bouldering, and exploring all afternoon.
Return to Camp
Lodge Ceremony
Sleep at Ahatsistari

FRIDAY: Tree Climbing Day

Learn about the sport of technical tree climbing. We will use the Double-Rope Technique. Discover the similarities and differences in tree climbing gear and rock climbing gear. Campers will spend the rest of the day ascending into the canopy of some of the tallest trees at camp! In the afternoon, more climbing?, more rappelling?, Marathon?, General Swim at Lake St. Isaac, rest, shower time.
Closing Campfire - You and your fellow campers will put on skits and songs for your counselors!!!

SATURDAY: Departure Day :(

Donuts in the Old Dining Hall!!!
Check out with your unit leader
Depart Camp :(See you next year!!! Heepwah!!!