

# **CAMP ONDESSONK**

## **CAMPER VS. WILD ADVENTURE CAMP**

### **SUNDAY: Arrival Day!!!**

Check in at Ahatsistari. Meet your fellow adventurers and unit leaders!  
Inspection and Flag Lowering in the Parade Grounds  
Mass and Opening Campfire in the Grotto - your counselors will put on skits and sing songs for you!

### **MONDAY MORNING:**

Early breakfast in the Dining Hall  
Gear check, pack up, hike out to remote campsite at Pine Lake! Set up a base camp.

### **MONDAY - THURSDAY:**

The rest of the week's schedule is fluid and campers can explore and discover with their counselors all week. Some of the activities the group can do and lessons taught in woods during the week include:

- All day hikes to Reunion Rock, Jackson Hollow, or Trigg Lookout Tower
- Shorter hikes to Pakentuck, Hogg's Bluff, Phantom's Canyon, Little Pakentuck, and more.
- Swimming and sail boating at Pine Lake everyday!!!
- Orienteering, map, and compass
- Off-trail navigation: Can you find your way back to Camp using the land?
- Low-impact hiking/camping and Leave-No-Trace backcountry ethics
- Plant/tree identification
- Trail maintenance/ecology service learning
- Primitive Shelter and fire building
- Atlatls (Native American hunting spear throwing)
- Wilderness First Aid and emergency signal making
- Off-site field trips to Millstone Bluff Native American Site, Cache River Wetlands, Garden of the Gods
- Guest presenters and naturalists can visit to teach about:
  - Bio-regional, indigenous, and traditional living skills
  - Cultural and natural history of Southern Illinois
  - What is Native Awareness ? Survival perceptions, priorities, and staying found
  - Awareness of the Elements: weather, seasons, and being comfortable with being uncomfortable
  - Water purification, building a natural filter, boiling options, and where to find good water
  - Creating fire from friction - bow drill making
  - Wild edibles and medicine plants on the trail
- Evening activities include: outdoor cooking, stargazing, astronomy, story-telling around the campfire, night hike, and simply enjoying the sights, sounds, and smells of the nocturnal wilderness!

### **THURSDAY AFTERNOON/EVENING:**

More Leave-No Trace outdoor ethics, how to properly break camp, take down shelters, erase fire pits, etc.  
Hike to Durbin's Barn to meet up with Horse Camp, share a foil burger dinner over the fire and hang out  
Return to camp for Lodge Ceremony  
Camp back at Durbin's Barn with Horse Camp

### **FRIDAY:**

Breakfast Burritos!!! Return to camp, set up camp again at Ahatsistari, clean and put away other gear  
Marathon!!!, General Swim at Lake St. Isaac, rest, shower time.  
Themed Inspection  
Closing Campfire - You and your fellow campers will put on skits and songs for your counselors!!!

### **SATURDAY: Departure Day :(**

Donuts in the Old Dining Hall!!!  
Check out with your unit leader  
Depart Camp :( See you next year!!! Heepwah!!!